

# CNG GUIDELINES TO KEEP SICK CHILDREN HOME FROM SCHOOL

## PLEASE KEEP YOUR CHILD HOME IF...



## TO RETURN TO SCHOOL YOUR CHILD NEEDS TO BE:



- |          |  |   |   |
|----------|--|---|---|
| <b>1</b> | Your child has<br><b>FEVER</b>                     | Temperature of 100°F or<br>38°C and is not feeling well.  | <b>Fever free.</b>  |
| <b>2</b> | Your child is<br><b>VOMITING</b>                   | Two or more times<br>in 24 hours.   | <b>Free from vomiting</b><br>for 48 hours.  |
| <b>3</b> | Your child has<br><b>DIARRHEA</b>                  | Three or more watery stools<br>in 24 hours.   | <b>Free from diarrhea</b><br>for 48 hours.  |
| <b>4</b> | Your child has an<br><b>EYE<br/>INFECTION</b>      | The white part of the eye pink<br>and/or pus draining from the eye.   | <b>With clear eyes</b> that are not<br>draining and has had<br>48 hours of treatment.                     |
| <b>5</b> | Your child has a<br><b>COLD</b>                    | Uncomfortable congested feeling<br>and/or runny or stuffy nose,<br>cough, muscle or body aches,<br>headaches and fatigue (tiredness). | <b>Completely recovered.</b> Please<br>be cautious with self-prescribing<br>over-the-counter medications. |
| <b>6</b> | Your child has a<br><b>SORE<br/>THROAT</b>         | With fever or swollen glands.   | <b>Fever free.</b> According to the<br>doctors' recommendation.   |
| <b>7</b> | Your child has a<br><b>DOCTOR'S<br/>SICK LEAVE</b> | A copy of the discharge instructions<br>and/or doctors' note permitting<br>the child to stay home.                                    | <b>Healthy.</b> The sick leave has been<br>completed as indicated<br>by the Doctor.                       |

The CNG Health Zone Unit will contact you if your child presents any of the above-mentioned signs of illness on campus. You will need to pick up your child at school, if required. Please keep your emergency contact information up to date in **SKYWARD**. For questions or concerns please **contact Health Zone Office Liliana Santos or María Silvana Plata**  
Email [health\\_zone@cng.edu](mailto:health_zone@cng.edu) Telephone: **(031) 212 3511 ext. 182 - 221**